

# Parents' Night Out

## Childcare Guidelines

- ❖ Parent's Night Out (PNO) will be the first Friday night of the month unless it falls on a holiday. Then it will be on the following Friday night.
- ❖ Childcare is provided from 6:30 pm to 10:30 pm. Drop off time is no earlier than 6:30 pm. Pick up time is no later than 10:30 pm.
- ❖ The cost for PNO is \$5 per child or \$15 per family maximum. **Registration is not considered complete unless your children are signed up in advance and paid in full. Payment is not accepted the evening of PNO.** Deadline for registration/payment is the Sunday prior to PNO. Registration/Payment must be placed in the designated envelope and dropped in the offering plate or given directly to the Nursery Director, Valerie Mayer. There is limited space available, so please register and pay early. There will be no telephone reservations or waiting lists available. There will be no refunds available except in extenuating circumstances.
- ❖ Please feed your children dinner before you bring them to PNO. There will be snacks provided. If your child has a food allergy, please send a snack with them to PNO. Please make sure that the caregiver knows of your child's food allergy and that you have sent a snack with them.
- ❖ You **must** sign in on the sheet outside your child's room with your cell phone number. **Please make sure you stay in range so that you can be reached in case of an emergency.**
- ❖ At this time, PNO is for NWBC members and regular attendees children.
- ❖ You **must** have a signed medical release form on file prior to leaving your child. Please download the form online or pick one up from the church office and bring the form with you on the night of PNO.
- ❖ Please label all items sent with your child-diaper bags, bottles and sippy cups, coats, etc.
- ❖ If your child is potty training, please bring a change of clothes including socks.
- ❖ Please make sure your child is feeling well when you bring them to their room. A child brought with the following symptoms will not be admitted:
  - ✓ Fever (100 degrees or above) in the last 24 hours
  - ✓ Illness, diet, or prescription related diarrhea within the last 24 hours
  - ✓ Vomiting within the last 24 hours
  - ✓ Undiagnosed rash
  - ✓ Runny nose with a yellow or green discharge
  - ✓ Discharge around the eye(s)

We hope you have a special evening; resting in the assurance that your children are well cared for and loved.

**Joyfully,**  
Valerie Mayer  
Director of Nursery  
NorthWest Bible Church  
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